

5. Pray a Psalm together eg Psalm 23.
  - a. The prayer meeting leader reads the 1<sup>st</sup> verse of the Psalm and people are encouraged to “pray it,” for example after the words *“The LORD is my shepherd, I lack nothing”* are read, people could pray things like: “We praise you that you provide for all of our needs,” “We worship you our good shepherd,” “Help us trust you with our lives,” “Thank you that we never lack anything” and so on.
  - b. After a while the prayer meeting leader reads the 2<sup>nd</sup> verse of the Psalm and people “pray it” until the whole Psalm is read.

# Praying Together Resources (PTR001)

## Opening Worship Ideas for a Prayer Meeting No.1

© Jane Hulme 2017

ALL AGE WORSHIP  
RESOURCES.ORG 

## Opening Worship Ideas

The following are worship ideas to begin a church prayer meeting.

Choose one or more of these ideas which might be helpful in your setting.

1. Read Psalm 46:10 *“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”*
  - a. Read the verse through slowly a number of times leaving silence to enable people to still themselves **or**
  - b. Read through the first 8 words of the verse by reading one word and leaving a pause ie “Be” followed by reading two words and leaving a pause ie “Be still...” and so on **or**
  - c. Play the song (with or without the visuals): “Be still and know” (Christy Nockels). You can find this song on YouTube by putting, “Be still and know Christy Nockels” into the search bar.
2. Give people a heavy stone as they arrive. Explain to people that you are going to hand over any burdens / worries of the day to the Lord so that you are free to focus upon Him and His purposes for the prayer time.
  - a. Invite people to hold the stone, and as they do that read Philippians 4:6-7 *“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

- b. Ask the Lord to show people what burdens/worries they are carrying. After a pause invite people to hand over those burdens to the Lord, symbolically laying down their stones as they do that. Invite people to receive the Lords’ peace and to draw close to Him.
3. Read Matthew 18:20 *“For where two or three gather in my name, there am I with them.”*
  - a. Rejoice together in the truth that Jesus is present with you. You may like to do something symbolic like lighting a candle that is placed in the centre of the prayer group, or by lighting some incense that is placed in the centre of the prayer group.
  - b. Spend a few minutes praising Jesus for who He is. One way to do this would be to use the refrain: *“We worship You Jesus for who you are and for what you have done”* repeating these words after the prayer meeting leader speaks words of praise like, “Lord Jesus you are good,” “Lord Jesus you are kind,” “Lord Jesus you are perfect love,” “Lord Jesus you are our Saviour” and so on.
4. Use a simple prayer and song to welcome the presence of the Holy Spirit.
  - a. You could sing Taize’s “Come Holy Spirit, descend on us” or “Veni Sancte Spiritus” or “Come Holy Spirit” (Loralee Thiessen) from Songs of Fellowship book 2.
  - b. After you have sung the song leave silence then the leader says, “The Lord is here” and everyone replies **“His Spirit is with us”**